

NEWSLETTER

WELCOME TO BETHESDA BAPTIST CHURCH

Sunday 11am

5th - Guest speaker: Rev Robert Waygood. Worship will include Communion.

Terry @ Molleston & Cold Inn.

12th - Moments in Mark.

19th - All Age Worship.

26th - Moments in Mark.

Wednesday Evening

Hybrid. Meeting at Church & Zoom option.

1st - Discovering the real Jesus. 'I once was blind'

8th - Discovering the real Jesus. 'Dead man walking'

15th - Church AGM

22nd - Discovering the real Jesus. 'Death isn't the last word'

29th - Half-Term

3 Cs: 'Coffee, Chat & Community'

Friday, 10am-12noon in downstairs lounge.

No 3Cs: Friday 29th.

Multi-tasking.

The message that popped up on my computer screen seemed innocuous enough, announcing it was time for my software to be updated. Usually I pause before performing this kind of techno-task, and ensure my precious data is safe by backing it up. But this day, I was working on about ten projects at once. Without thinking, I clicked. Big mistake! Two hours later, I was left holding a laptop that was damaged beyond repair, my hard drive obliterated, my data wiped out. Book manuscripts, accounts, emails - they were all vaporised. I wish I could report that I responded to this crisis with quiet repose, instead, I believe that my scream was overheard on Jupiter. I spent three days with a 'genius' who valiantly tried to help me. I won't name the computer company - that would be quite wrong. Besides, I like the design of the piece of fruit that adorns my laptop, even if it is now only useful as a doorstop.

According to one academic, we're living in an age of 'infomania'. Armed with smartphone that also serves as a camera, calculator, stock market scoreboard, web browser, email box, gaming console, appointment calendar, voice recorder, guitar tuner, weather forecaster, GPS, tester, tweeter, Facebook updater, music-player and torch, we're constantly multitasking. While having lunch with friends, we surreptitiously check to see what our other friends are doing, and even post photographs of the cheese and pickle sandwich that we're snacking on so that the universe can stand amazed in awe and wonder. And although we think we're doing several things at once, multi-tasking is a powerful and diabolical illusion.

Earl Miller, a neuroscientist and one of the world's experts on divided attention, says our brains are "not wired to multi-task well....When people think they're multi-tasking, they're actually just switching from one task to another very rapidly. And every time they do, there's a cognitive cost." It can

Mary Campbell, Alex Mayne & David Gooding

Pray for Mary, Alex, and David as they lead & preach at the following Churches.

Mary:

- **5th** @ Pisgah
- **12th** @ Salem
- **26th** - North Road

Alex:

- **5th** @ Bethesda, Neyland

David:

- **19th** @ Pisgah

Birthdays

- **20th** - Ann

Flower Rota

If you can help, please sign the list on the lower hall noticeboard.

- **5th & 12th** - Mel
- **19th & 26th** - Nic

Coffee & Tea Rota

If you can help, please sign the list on the lower hall noticeboard.

- **5th** - Mel
- **12th** - Bron & Chris
- **19th** - Nic
- **26th** - Jane & Jackie

Bethesda

cause us to become unfocussed and distracted. (Jeff Lucas; It's a dog's life)

We all need to take a break! From whatever we're doing. Scripture reminds us, "Be still and know that I Am God" (Psalm 46:10). We all need time to be still and hear what God is saying. How we do that will be different for each person but, *rest* assured, it has to be done.

Wednesday 15th - Church AGM Hybrid 7:30pm.

We will be meeting in person for our AGM 2024 in the Church coffee lounge, however, people will also be able to join in the evening via Zoom. Everyone is encouraged to attend and share in the on-going life of the Church.

Saturday 18th: 9:30am - Prayer Refreshment & Cleaning.

Please come along to a time of Prayer Refreshment which will be followed by our monthly Church cleaning, if you can help in anyway, it's much appreciated.

Advance Notice: Saturday 8th June.

Momentum is a day for all ages, as the Baptist family in Wales comes together in celebration, encouragement and worship. 10am - 4pm. David Ollerton guest speaker.

UBC BUW Coleg Y Bedyddwr Cwmni Bedyddwr South Wales Baptist Association BMS

MOMENTUM
AN INVITATION
TO DISCOVER THE LIVING
WORDS OF GOD IN AN EVER-
CHANGING WORLD...
Join us in a day of celebration and dynamic
energy for the whole family!
8 JUNE Halliwell, Carmarthen

Dynamic words
Dynamic world